

Smudge	In addition to cleansing and purification, each smudge has these attributes.	Crystal Amplifier
Blue Sage	Remove Negative Energy; Healing; Strength; Meditation	Quartz (Clear)
Copal Smudge	Repel Negative energy	Amethyst
Dragon's Blood + Mountain Sage Smudge	Power + Protection + Strength + Wisdom	Carnelian
Dragon's Blood + White Sage Smudge	Emotional Healing + Love + Protection + Remove Negative Energy	Selenite
Meditation Smudge	Meditation; Joy/Happiness	Amethyst
Oregano Smudge	Protection; Joy/Happiness; Love; Bring Good Luck	Amethyst
Palo Santo Sticks	Remove Negative Energy; Joy/Happiness; Renewal / Refresh	Fluorite
Prosperity Smudge	Protection; Strength; Blessing; Prosperity/Wealth	Citrine
White Sage + Bay Leaf	Cleansing; Purification; Remove Negative Energy; Protection	Quartz (Clear)
White Sage + Blue Sage Smudge	Remove Negative Energy; Protection; Healing; Meditation	Quartz (Clear)
White Sage + Calendula	Remove Negative Energy; Protection; Healing	Citrine
White Sage + Sinuata	Remove Negative Energy; Healing; Calming; Better Sleep & Dreams	Quartz (Clear)

SINUATA FLOWER MEANINGS

Pink	Romance	Love	Kindness
Blue	Inspiration	Loyalty	Deep Trust
Purple	Inspiration	Loyalty	Deep Trust
Red	Love	Passion	Power
Orange	Success	Energy	Creativity
Yellow	Happiness	Success	Joy
Green	Good Luck	Money	Health

